



RELATIONSHIP VALUES

As in personal life, relationship values serve as a compass to help you navigate life and love with your partner. Knowing your relationship values, knowing why they exist and having a shared vision with your partner will be critical to your long term success.

VALUE:

Why it is important to me

What this value gives me

A time when the value was upheld

How I feel when the value is upheld

How this strengthens the relationship

How I feel when the value is not upheld